

starters

cinnamon roll • large 4.99

blueberry crumb cake • 4.49

bagel • 2.99 (gluten free 3.29) add cream cheese 0.79

muffins • large 3.99 / mini sugar donut • 0.99

scone • seasonal flavors 3.89

sweet croissant • classic 2.99 / chocolate or strawberry 3.39

savory croissant • ham & cheese, spinach & feta, 5.99

biscuits • classic 1.59 / sweet potato 2.89 / sp nugget 1.19

turkey sausage and cheddar roll • 5.99

entrees substitute sweet potato biscuit 0.89

shrimp & grits • 18.49

stone ground grits, grilled seasoned shrimp, jalapeño cheese sauce, fresh cilantro, with jalapeño foccacia bread

burrito de huevos • 14.49

scrambled eggs, yellow corn, roasted red peppers and onions in a flour tortilla with black beans - topped with salsa and vermont cheddar cheese. (add avocado or bacon - 1.59 ea)

breakfast BLT • 13.99

grilled sourdough bread, herb mayo, mixed greens, tomatoes, two over medium eggs, and crisp bacon. - choice of grits or potatoes

vegan tofu scramble • 13.99

seasoned tofu, sautéed with mixed veggies, served with whole wheat toast. - choice of grits or potatoes

vegan breakfast sandwich • 11.98

Soysage, spinach, tomato on grilled sourdough bread

highland breakfast • 13.49

two scrambled eggs, toast, and choice of bacon, ham, turkey sausage, or fresh fruit. - choice of grits or potatoes meat substitutions: soysage +1.19 • turkey slice +1.19 • turkey bacon +1.19 side item substitution: fresh fruit +2.59)

avocado toast • 12.99

smashed avocado, sliced tomato, an over easy egg on sourdough toast topped with red pepper

quick breads

sweet potato pancakes • 12.99 / half order 6.99

lightly sweet, southern-style pancakes with warm caramelized brown sugar butter sauce and toasted pecans

ricotta pancakes • 12.99 / half order 6.99

three pancakes served with warm bluberry compote

french toast • 14.99 / half order 7.99

super thick slices of challah bread, topped with fresh berries, french cream, and brown sugar butter on the side

peanut butter french toast • 15.49

challah bread filled with peanut butter, dipped in batter, crusted with bran flakes, topped with caramelized bananas in brown sugar butter

benedicts* choose your side: grits or potatoes

fried chicken* • 16.49

eggs poached medium, fried chicken, jalapeño cheese sauce, on a grilled hiscuit

classic* • 13.69

two poached eggs, canadian bacon, and hollandaise sauce, on a grilled english muffin

breakfast sandwich

build-your-own sandwich

4.99 • egg only • make your dream sandwich from the choices below bread choices: • biscuit, bagel, whole wheat, challah, honey wheat, sourdough or rve

+1.59 croissant / +2.79 jalapeño focaccia

meat choices: +2.00 ea turkey sausage, ham, bacon /+2.99 soysage / turkey bacon +2.19

cheese choices: +0.50 ea white cheddar, swiss / +1.29 ea feta

fried chicken biscuit • 7.59

smoked salmon plate • 16.99 • served open faced slices of smoked salmon on a bagel of your choice. served with cream cheese, red onion slices, fresh tomatoes, caper berries, and romaine

build your own three-egg omelette choose your side: grits or potatoes

7.55 plus fillings • sub egg whites +1.19

veggies

+1.29 ea • tomato, onion, jalapeño, black beans / +1.69 ea • grilled veggies, roasted red peppers, corn mix / +1.89 ea • avocado, spinach, mushroom meats

11.00.00

+1.99 ea • turkey sausage, bacon, • ham / +2.99 ea • soysage / +4.99 ea • shrimp (4), fried chicken, grilled chicken / +6.59 ea • tofu

cheese

+0.79 ea • cream cheese / +1.59 ea • feta cheese, vermont cheddar, swiss cheese / +2.79 pimento cheese

cereals

granola • 6.59

house-made granola of rolled oats, hearty grains, nuts, and dried fruit, served with milk substitutions: soy milk +1.19 • almond milk +1.19 add yogurt +1.19 • add fresh berries +2.79

<u>sides</u>

1.79 each • brown sugar butter, maple syrup, toast slice, vermont white cheddar, jalapeño cheese, peanut butter

2.79 each • vanilla yogurt, avocado, jalapeño focaccia (1 slice), ham (1 slice), tomato slices (3)

3.99 each • grits, potatoes, turkey sausage (2), bacon (3), eggs (2), soysage (1), turkey bacon (3) tofu, pimento cheese

3.99 each • fresh fruit cup, tofu, egg whites (2), 4.99 • fried chicken (2), grilled chicken strips, chicken salad scoop

5.99 each • fresh fruit bowl, grilled shrimp (4), 6.99 • smoked salmon



sandwiches served with chips and a dill pickle spear

side substitutions: +1.79 ea • grits or potatoes / +3.19 ea • house salad, spinach salad, or fresh fruit / +3.69 ea • cup of soup or chicken chili bread substitutions: +2.79 • jalapeño focaccia

ultimate fried chicken • 16.59

two pieces of fried chicken breast, house-made pimento cheese spread, and fresh tomatoes on jalapeño focaccia make it a brunch sammy: add fried egg $+1.59 \cdot$ add two fried eggs +2.99

reuben • 16.59

corned beef, swiss cheese, sauerkraut, and spicy russian dressing, served on grilled rye bread(or try it with turkey)

highland ham & cheese • 15.49 vermont white cheddar, black forest ham, garlic mayo, mixed greens, tomatoes, and balsamic vinaigrette, on grilled sourdough

herb roasted turkey • 15.49

herb turkey, with apricot mayo, avocado, tomato, mixed greens, and balsamic vinaigrette, on grilled honey wheat

roast beef •

roast beef topped with fresh mixed greens, tomato, onion, vermont white cheddar, and our garlic mayo on grilled sourdough

pimento cheese • 13.49

vermont white cheddar, and house made pimento cheese with tomato on grilled sourdough additions: bacon + 1.99. • fried chicken + 4.99

grilled cheese • 10.99

vermont white cheddar on grilled sourdough bread additions: bacon +1.99 • tomato +1.79 • avocado +1.79

curried chicken salad • 14.49

roasted chicken salad*, red grapes, curried mayo, mango chutney, and toasted pecans - served with mixed greens and tomato on a grilled kaiser roll *chicken salad contains nuts

chicken sandwich • 16.59

chioce of grilled or fried chicken, lettuce, tomato and mango chutney served on a brioche bun • Additions: bacon + 1.99 • cheese +1.79

HB steak & cheese • 16.99

thinly sliced steak, swiss cheese, grilled red peppers & onion, garlic mayo on a french roll

HB cheeseburger • 14.99

all beef pattiy, white vermont cheddar cheese, lettuce, tomato, onion, pickle hb sauce on a brioche bun• add bacon +1.99

mushroom & swiss burger • 14.99

all-beef pattiy with swiss cheese and mushrooms topped with our house made garlic mayo served on a brioche bun

Bevond Burger • 16.99

veggie patty, lettuce, tomato, onion, pickle, hb sauce on a brioche bun sub sourdough bread and no sauce to make it vegan

14.49 Hummus

hummus spread, tomatoes, mixed grens, red onions, and balsamic vinaigrette on grilled sourdough (vegan)

salads

caesar salad • 13.99

romaine lettuce, shaved parmesan cheese, house made croutons, served with caesar dressing additions: chicken salad +4.99 • fried or grilled chicken + 4.99

house* • large 13.49 / small 6.99

crunch mix, feta cheese, candied walnuts, dried cranberries a side of balsamic vinaigrette, and a piece of our famous jalapeño focaccia additions: chicken salad* +4.99 • grilled chicken +4.99 • fried chicken +4.99

Soup & Salad Combo

spinach • large 14.59/ small 7.99

fresh spinach, feta cheese, onions, strawberries, and candied walnuts*, served with a side of balsamic vinaigrette

additions: chicken salad* +4.99 • grilled chicken +4.99 • fried chicken +4.99 *contains nuts

*chicken salad contains nuts

choice of small salad from above, and either a cup of white bean chicken chili or soup of the day

13.99

soups & combos

white bean chicken chili . bowl 8.59 / cup 4.99

roasted chicken, roasted red peppers, and onions, topped with vermont white cheddar cheese, and served with a slice of grilled jalapeño focaccia

soup of the day* • bowl 8.59 / cup 4.99

served with a slice of jalapeño focaccia

*always vegetarian

half & half combo • 14.49

pair any half sandwich*exclucing ultimate fried chicken with one of these: chili, soup, side house salad, or spinach salad

*kaiser bread sandwiches are served on honey wheat

espresso		coffee	more hydration	
americano cappucino mocha white mocha café au lait caffé latte shot in the dark chai latte matcha latte activator coffee	M 3.65 • L 3.95 M 4.55 • L 5.05 M 4.95 • L 5.35 M 4.95 • L 5.3 M 3.40 • L 3.95 M 4.65 • L 5.00 M 3.39 • L 3.59 M 4.90 • L 5.45 M 5.05 • L 5.45 16 oz 6.50 ~ 20 oz 6.75	OUR COFFEE IS LOCALLY ROASTED COID brew M 4.05 L 4.50 brewed to-go M 3.00 L 3.25 additions: beverage flavor shot +0.89 frappe 20 oz 6.50	juices: orange, apple cranberry \$3.39 iced tea 2.49 free refills soft drinks 2.99 bottled water 2.00	hot tea 2.95 hot chocolate M 3.00 L 3.25
double espresso cortado	3.25 4.00			

flat white

M 4.75 ~ L5.10